

Aries Full Moon Talk & Meditation by Helen Holmes

I wanted to talk a little bit about the terminology in the meditation, because we are using this format from the Arcane School and the Alice Bailey works. The terminology is based on a world view. The world view is that the Earth is a being. Maybe you are familiar with the Eastern concept of chakras or energy centers in the body. In the body of the human being you have a head center and an ajna center. Your ajna center directs energy. You have a throat center and a heart center. If you think of the Earth as a living Being, the head center is called Shamballa. Shamballa is where the Will energy enters the earth. The Hierarchy is like the heart of the earth, where the energy of love and wisdom is transmitted. Humanity is the ajna center, the center that directs energy. Think of humanity as a unity: all of humanity together is a being, and we are each cells in the being of humanity. In that sense humanity really is one and we really are brothers, because we're all part of the same center of energy in the Earth.

When we are thinking of the energy that comes into the system at the time of the full moon, we're talking about the energy that comes from the sign of the zodiac where the sun is located. The moon is in the opposite sign. We're working with the energy of Aries today, although the moon is in Libra. That means that the moon is out of the way and the Arien energy is entering unimpeded. We have a very strong inflow of Aries energy at this time of year.

This energy comes in from the stars thru the sun and other planets to the Earth. It comes into the Earth through the head center and the heart center to humanity. Humanity distributes the energy throughout all of humanity and to the rest of the Earth. In all of the esoteric teachings, humanity is the Middle Kingdom. There are the minerals, the vegetables, the animals, humanity and then three higher kingdoms which we don't consciously recognize until we become able consciously to see or contact to see other beings such as angels, faeries and so forth. As we try to grow, the purpose is to become refined and open enough to recognize this energy.

In the teachings of the Arcane School, there are certain geographical places that are particularly powerful inlets for energy to be distributed among humanity. The five that they have recognized so far are New York, London, Geneva, Darjeeling, and Tokyo. During the meditation, we will be referring to these cities when I referring to energy flowing through the five major centers. You may picture the energy flowing through these cities which are also centers. Someday at least two more major centers will be recognized.

We will also be talking about "the new group of world servers." The new group of world servers is all the people of goodwill in the world who are trying to bring about a better civilization: the ones who are Light workers, the ones who are meditators, the ones who are spiritual workers. They are any men and women of goodwill who may know nothing about meditation, but who are working for the good of humanity and doing good deeds.

They help the poor; they work in medicine; they work in research; they work in economics trying to better the conditions of the world. That's the new group of world servers.

I would like to discuss the terms exoteric or Orthodox astrology as compared to esoteric astrology. Exoteric astrology deals with characteristics and qualities of your personality. You've all had your charts done, probably. You know that the energies of the planets affect you in a certain way. Exoteric astrology relates to personality, day to day life, and everyday happenings and events. It deals with trying to figure out when is the best time to do this and when is the best time to do that. Am I going to get sick at such and such a time, or am I going to win the lottery? It has to do it everyday circumstances and environmental conditions which come up in your personal horoscope.

Esoteric astrology concerns itself primarily with the unfolding of consciousness and with the energies behind the development of the individual and humanity. We're talking about the qualities of the energy and how they impact; how they bring about all of these outside personality events that happen. Sometimes I will refer to the esoteric ruler or the exoteric ruler, because they are different. Energies manifest differently when they are manifesting through the personality than when they are manifesting through the soul.

We are going to try to understand the qualities of the energies of the sign Aries. Aries is the first sign of the zodiac. It is new beginnings. It is the first full moon after the spring equinox. Easter is always the first Sunday after the full moon of Aries, which is interesting because Christians don't recognize astrology.

Aries rules all beginnings. In traditional astrology, Aries is ruled by Mars, giving the energy to move forward. The energy of Aries is the energy to start something, to push, to begin. The sign for Aries looks like the glyph for the Rams horns, because the ram is the symbol for Aries. But it is also the symbol of a sprouting seed. Growth starts in Aries.

Mars energy is related to the sixth ray which embodies idealism as well as destructive fanaticism, struggle, strife and war, but also progress, development, and growth. So this Martian energy may be used in either negative or positive ways.

The esoteric ruler is Mercury, which rules the mind. The reason for this is that all creation begins in the mind—at the level of the mind. First there is the idea, and then there's the manifestation of the idea. Mercury, ruling the mind, brings illumination through Aries. Finally, the hierarchical ruler (which is on the even deeper level of spirit) is Uranus. Uranus brings the energy to manifest the spiritual will in the physical form. It's the seventh ray Uranian energy that brings the idea into physical plane manifestation.

So the Arian energy is very exciting. It gives us the strength to begin new things; to push forward with new plans; to start new projects; to bring into manifestation the new-age, which we are all hoping is going to be an age of brotherhood.

Aries is a fire sign. Fire is spirit. Spirit manifesting in matter is life. It's fire that gives life to earth. Without heat, there couldn't be any life. Fire can nourish or it can burn and destroy. This energy, like all energies, can either be used for growth and development, or it can be used for destruction. Sometimes destruction is good. You may have to destroy old things to build new ones. If you have an old, crumbling, rotten building, you might need to destroy it before you can build a new one. But destruction can also get out of hand and be used inappropriately.

The keynote for Aries is: "I come forth and from the plane of mind, I rule." It is from the level of the mind that you can manage both the emotions and the physical world. It is through the mind that ideas are created. From there they work out into manifestation on the physical plane.

I'd like to talk a little bit about the polar opposites, because at the time of the opposite of each other, but in reality they can be synthesized into a unit. The opposite ends of a stick are part of the same stick. They work together in some way if we can learn to synchronize the energies. Libra is the opposite sign to Aries. It's the sign of balance. It's an air sign. As you all know, Libras are supposed to be vacillating and have a hard time making a decision. That's because they have to weigh both sides of the issue, and they have to find the balance in the middle before they can make a decision. In terms of discipleship and service, Libra rules the path between the opposites. It is the point of balance before a decision is made to move in either direction. In Buddhism you are taught to seek noble middle way. This is the quality of Libra -finding the middle way. The one thing that Aries and Libra have in common is the element of choice. In Aries you choose to come into manifestation or you choose to initiate a new plan. In Libra you choose your path; you choose to go deeper into materialism or higher into spiritual development, or you choose the left-hand path or the right hand path or the middle path, but you have to make this choice. Both of them are signs of interlude where there's a choice. There are no major crises that come, but you have to make the choice that leads on to the next stage.

Libra is a point of balance. Right now humanity is strongly influenced by Libra, and it's reaching a point of balance on the plane of the emotions. We're emotionally deciding what we want to do with the next stage of civilization. We're balancing the possibilities.

There is an esoteric saying, "Before creation, silence and the stillness of a focused point." If you think in terms of creative meditation, you go into stillness and find a point of silence. Then creative ideas percolate into your mind, and you begin to formulate some idea or understanding. Creation happens from there. Before you can reach the point of creating, you have to reach this point of stillness. Libra and Aries are both at this point of stillness before creation begins. With the Arian energy, creation begins right away.

Meditation Begins...