

Aquarius Full Moon Talk & Meditation, April 16, 2003 by Helen Holmes

The quality of the astrological energies are different each month. The group seeks to distribute this energy to humanity. There are hundreds, maybe thousands of groups meditating at the time of the full moon. When you go into the meditative consciousness, you are really linking up with all of them whether it's exactly the same school of thought or not. They are all bringing this energy through and hopefully they are all planning to use it for the benefit of humanity and the world.

Astrology is the science of energy. It's the quality and the type of energy that comes from the constellations and from the planets and through the solar system and to the earth that influence the subjective inner formation of events and their outer expression. Humanity is preeminently a mediator of energy. We are the fourth kingdom in nature between the lower kingdoms and the higher kingdoms. We partake of both the spiritual and the animal. We are uniquely adapted to transmit energy and when we are functioning the best we possibly can, then we are transmuting the highest energies for the good of the earth, the planet, the solar system and everybody.

I think of the earth as a great being. We live and move within the earth, within the atmosphere and on the earth. We are part of the earth. We make up one of the great centers of the earth, which is humanity. The earth is part of the solar system. It is part of an entity, of a great being, that is the solar system. That's part of a greater being that is the galaxy. So when you talk about bringing in the systemic energies, we're trying to bring through into consciousness this energy that's always there. It's more powerful if it's conscious.

The Aquarian energy is preeminently the energy that enables us to realize our oneness with all humanity and the universe. We call that brotherhood. It's the energy of brotherhood and loving service to humanity. Aquarius in its highest expression is the sign of the world server—the person who forsakes their own individual achievement to serve humanity. And of course by doing that, you get more achievement.

The zodiac is a circle with pairs of opposites. Leo is on the far side of the earth from the sun when the sun is in Aquarius and the moon is full. The energy of Leo and Aquarius are opposites in a sense. Leo is the sign where the individual is the center of his own solar system. You are the center of your universe. In less evolved humans, you feel that everything is related to you. It's a selfish energy. As you grow and develop, you become a powerful human being who is like the sun radiating energy around you and attracting attention. As you become more developed you realize that the selfish use of this energy is not useful. That leads you to Aquarian awareness of the group and the whole. The highly evolved Leo becomes the world server in Aquarius. Really they are two ends of the same stick. They are a unity of energy. In a sense, we are celebrating both of those at the same time. It's very interesting in all of the pairs of opposites to realize how they are different and how they build to a whole that transcends either of the individual qualities.

Aquarius is an air sign. It has to do with awareness and understanding and it rules the etheric body. The planet has an etheric body. We are part of the planetary etheric body. Aquarius rules the etheric body. It's the unity of us and all other humans and the rest of the planet through the etheric body that causes us to be able to realize the oneness of all and brotherhood that we experience in Aquarius. It also rules the bloodstream. The bloodstream carries life and nourishment to the whole body in the same way the etheric energies nourish the whole planet.

If you look at Aquarius, the sign for Aquarius is a person carrying a jug of water. The esoteric motto for Aquarius is "Water of life am I, poured out for thirsty men." The Aquarian energy is what Jesus was talking about when he said, "I bring life more abundantly." The two streams in the sign for Aquarius are the streams of light and life poured out to humanity, transmitted through the sun to the earth from Aquarius. The Aquarian energy vitalizes and enlivens humanity and all the other kingdoms in nature. When you are transmitting Aquarian energy, you are transmitting the energy of love and brotherhood and nourishment.

Aquarius is particularly strong right now because we are moving into the Aquarian Age. The Aquarian Age is a little bit longer than 2000 years. That cycle that is caused by the solar system moving around the zodiac. The whole solar system will be in Aquarius for the next 2000 years. Nobody knows exactly when it moved into Aquarius or when it's going out, but we are either on the verge or a little way into Aquarius now. So the energies are very, very potent.

In the Piscean Age, the principle that was preeminently developed was love—the principle of love that was brought to us by Jesus, but also idealism. All the major religions in the world now teach ideals: the ideal of brotherhood, the ideal of forgiveness, the ideal of peace and harmony. But while we were able to develop those ideals, and a few people have been able to live them, we have never been able, under the old dispensation, to actually bring them into everyday functioning reality in life. We've made a lot of improvements, but we're not there yet. I said years ago, "I really love the teachings of the church, but people don't live them." So you go to church, but then you feel like a hypocrite.

The energy for the Aquarian Age is the seventh ray, which is the expression of the spiritual will in material matter. It will enable humanity to take those ideals and learn to live them in a day-to-day way. It is an important function of Aquarian energy to embody the spiritual will right down to the physical plane and everyday life. We will take those ideals that we've been developing for a long time and learn to actually live them.

In astrology, signs are divided into three sections called decanates. They are called decanates because there are ten degrees in each section. We are in the Saturn decanate of Aquarius. Saturn brings challenges, difficulties, problems and crisis. It's really an opportunity to learn and grow and discard useless things. The opportunities that Saturn is giving us are obvious today in the world. We are having a lot of chaos: the problem with the possible war in Iraq and with terrorism, the East and West not getting along, the

problems with Korea. When that is past something else will probably be there, because this is an opportunity and a challenge for humanity to try to move forward in developing the ideal of brotherhood and in surmounting our problems.

One of the energies working through Aquarius and all of humanity is the fourth ray. Humanity is the fourth kingdom in nature and is governed by the fourth ray which is called harmony through conflict. It's difficult to understand harmony through conflict, but it means that you have to take a situation where there is a lot of conflict and somehow supercede the conflict to bring about harmony. Years ago I took karate. In karate you have matches where you fight with other people. After an intense match, I felt really close to this person. We had shared this conflict. You could respect them as a worthy opponent and unless they really fought dirty, you actually developed a harmony through fighting with them. This is what humanity does, because it's our method of expressing ourselves. But so far we've been better at the conflict than at the harmony. There is an opportunity for the conflict to produce harmony and beauty.

I don't know what the answers are to the current conflict. I don't know what we should do about Saddam and all the other crises that are going on now. But I do know that it is an opportunity for us to work with all the other parts of humanity to try to transcend the conflict and come up with harmony. If we're not totally successful this time, we will have another opportunity.

It helps us to think in our meditation about this energy and the energy of brotherhood and the recognition that we are all one. When we say we are all brothers, we actually are all cells in the body of humanity. So we might want to say, "I don't like Koreans," but they are all part of us really. It's like trying to say I don't like my thumb. It's there and has its own purpose, whether I like it or not.

Aquarius is an air sign, so it's a sign of constant movement and changing activity. Through the energy of Aquarius, you can begin to realize the significance of cycles. We talked about the new moon and the full moon cycle, the 26,000 year cycle, and then, in esoteric studies, there's the mountaintop experience and the valley experience, where you are down and then up. There are times of intense meditative energy and times when it's difficult. There are times that are mostly taken up with day-to-day life and other times when one has intense religious or spiritual experiences. Trying to understand cycles is fostered by the energy of Aquarius.

We talked about Saturn and its challenges during the first decanate which lasts for several hundred years. The second decanate is ruled by Mercury. Mercury is the illuminator. It brings illumination to humanity. The struggles of Saturn lead to illumination under Mercury. The final decanate is ruled by Venus which symbolizes the unity of the heart and the mind. The era of Venus should usher in a time of brotherhood that we've all been looking for. In one our lives a few hundred years from now (or a few thousand).

Another part of the 2000 year cycle is that in the beginning there is a lot of ferment and chaos as the new energy comes in because it's breaking up the old cycle and trying to

introduce a new energy and change. People have gotten used to the old energy. They gradually develop the new energy and become used to it and it reaches a peak of expression and then it becomes crystallized as all forms do. It becomes old and hard and rigid and becomes prison to the life energy. So then the old form has to break up and a new one comes. We're at the point now where the old Picsean energy is crystallized and becoming problematic and the new Aquarian energy is trying to come in. So the last century and for a long time, we've been having an intense time.

Meditation begins....